Prepare Your Family for Emergency!

1. Get a portable container with a lid to use as an Emergency Kit.

2. Stock your kit with a three-day supply of water along with water purification tablets, and don’t forget to include water for your pets.

3. Arrange an out-of-area phone contact person, and keep this and other emergency phone numbers near each telephone.

4. Stock your kit with several varieties of canned, dried, freeze-dried and foil pouch food products such as stews, meats, vegetables, peanut butter, fruit, evaporated milk, cereal, crackers, etc. Include a manual can opener.

5. Get a portable radio and extra batteries, and...

6. Add a flashlight with extra batteries, along with candles and waterproof matches.

7. Learn about hazards. Find out what the hazards are in your community, and make your home safer.

8. Give every family member specific safety tasks to do in an emergency.

9. Identify safe places in your home. Plan and practice evacuation drills using two different escape routes from each room.

10. Stock your kit with both large and medium-sized orange or yellow plastic garbage bags.

11. Identify a common family meeting place away from home but close to your regular spots.

12. Assemble important documents like wills, insurance papers, medical records, inventory of possessions, identification, family photos, etc. in a fireproof/waterproof container.

13. Prepare a first-aid kit that includes extra prescription medication, extra eyeglasses, bandages, sterile gauze pads, tape, scissors, tweezers, antibiotic ointment, hydrogen peroxide and over-the-counter pain pills.

14. Add personal toiletry items like toilet paper, soap, and extra diapers.

15. Add sleeping bags or blankets to your kit.

For more information, go to www.ready.gov or www.nghd.org, or call Jennifer Moorer, Public Information Officer of the North Georgia Health District at (706) 272-2342, ext. 346.